



2025  
2026



A large background photograph shows several aikido practitioners in white gi and black belts performing techniques on a mat. In the foreground, two practitioners are in a dynamic pose, one in white and one in black, with their backs to the viewer. A green rectangular frame surrounds the central text area. Inside this frame, the text reads:

# STAGE OUVERT À TOUS

CID Provence

**DIMANCHE 1 MARS**

**9h-12h**

**Luc BOUCHAREU**

Shihan – CEN FFAB – 7<sup>e</sup> dan

**Dojo David DOUILLET**

Route de Mézoargues

**13150 TARASCON**

**Tarif : 15€**

Certificat médical et passeport à jour